PIONEER™ TROY TURKEY TROT

FACT SHEET

WHAT: Now in its 79th running, the Pioneer Troy Turkey Trot is the nation's 12th-oldest and the world's 64th-oldest road race. The Trot features the Capital Region's only Thanksgiving Day 10K. Other events include a Grade School Mile, Turkey Walk and 5K, the day's featured event.

The Trot began in 1916 to support returning American service veterans. The Thanksgiving Day race was held 18 times between 1916 and 1963 and has been run continuously since 1964.

WHEN: Thursday, November 26, 2026, at 8 a.m.

WHERE:

- Start: Fourth and Fulton streets
- Finish: River Street at Monument Square

WHO: More than 7,000 runners and walkers are expected from nearly 40 states, Puerto Rico, Canada, Germany, Iran and the Netherlands. More than 10,000 spectators are expected downtown to cheer on participants.

HIGHLIGHTS:

- Male and female 10K winners receive the All-Troy Club Cup. The All-Troy Club staged the first Trot in 1916.
- Male and female 5K winners receive the Carley Cup, named in memory of Bill Carley, who first directed the Trot in 1964 and served as event director for more than 20 years.
- Costume contest with prizes for "Best Thanksgiving Day" and "Most Unique" costumes.
- Open, age-group and team awards.
- Pre-race packet pickup featuring seminars with past winners and running coaches.
- All registrants receive a commemorative T-shirt.
- Medals for all finishers.
- Top 2 Fundraising Teams and Top 2 Fundraising Individuals get to help start each race and the highest fundraising team and fundraising individual get to attend the post-race charity check presentation. *(See next page for additional information)*

SCHEDULE:

- 8 a.m. — 10K
- 9:30 a.m. — Grade School Mile
- 9:35 a.m. — Turkey Walk (1 mile)
- 10 a.m. — 5K

RECORDS:

- Open 5K (3.1 miles)
  Men: Kyle Gronostaj, 14:24 (2019)
  Women: Christine Bergeron (Merrill), 16:03 (1984)
- Open 10K (6.2 miles)
  Men: Tom Dalton, 29:43 (1980)
  Women: Ivette Mejia, 33:41 (2017)

5K FAMILY TEAMS: Thanksgiving is all about family, and the Trot expects more than 300 teams to take part in its family team competition. Categories include mother/daughter, mother/son, father/daughter, father/son, sister/sister, brother/brother, brother/sister and spouses. These two-member teams are scored based on their combined finishing times. The Trot also features friends/family and corporate team competitions.

PAST EVENT REGISTRANTS:
2025: 5K: 4,783; 10K: 1,423; Grade School Mile: 635; Turkey Walk: 571; Virtual: 69 — Total: 7,481
2024: 5K: 4,477; 10K: 1,306; Grade School Mile: 624; Turkey Walk: 624 — Total: 7,031
2023: 5K: 4,167; 10K: 1,227; Grade School Mile: 617; Turkey Walk: 630 — Total: 6,641
2022: 5K: 3,620; 10K: 1,168; Grade School Mile: 542; Turkey Walk: 555 — Total: 5,885
2021: 5K: 3,163; 10K: 1,102; Grade School Mile: 422; Turkey Walk: 415 — Total: 5,102
2020 (Virtual): 5K: 1,791; 10K: 569; Grade School Mile: 102; Turkey Walk: 170 — Total: 2,632
2019: 5K: 3,934; 10K: 1,636; Grade School Mile: 435; Turkey Walk: 400 — Total: 6,405
2018: 5K: 4,034; 10K: 1,563; Grade School Mile: 397; Turkey Walk: 431 — Total: 6,425
2017: 5K: 4,613; 10K: 1,703; Grade School Mile: 453; Turkey Walk: 426 — Total: 7,195

AWARDS: Age-group awards will be presented for the 10K, 5K and Grade School Mile. *See event website for the list of all awards categories for all three races.*

PARKING: Free parking is available throughout the city. A map of municipal parking lots and garages is available at troyny.gov/202/Municipal-Lots-Garages

CHARITIES: Funds raised through online registration will benefit the Pioneer Troy Turkey Trot's two primary charity partners, the Regional Food Bank and Joseph's House & Shelter, Inc., a Troy-based nonprofit dedicated to preventing and alleviating homelessness. The goal is to raise more than $40,000 in 2026, surpassing the record $40,000 raised for local nonprofits in 2025, plus more than $5,000 for school groups.

FUNDRAISING INCENTIVES: The top two individual and team fundraisers may each designate someone to join Mayor Mantello and special guests on stage to sound the air horn and start a race. The top individual and team fundraisers will also be invited to the post-race charity check presentation and receive free entry into the 2027 Pioneer Troy Turkey Trot (one entry for the top individual and three for the winning team).

RESULTS: Live results will be available at PioneerTroyTurkeyTrot.com.

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