



FACT SHEET

- WHAT:** Now in its 78th running, the Troy Turkey Trot is the nation's 12th and world's 64th oldest road race. The Trot features the Capital Region's only Thanksgiving Day 10K. Other events include a Grade School Mile, Turkey Walk, and a 5K, the day's featured event.
- The Trot began in 1916 to support returning American service veterans. The annual Thanksgiving Day race was held 18 times between 1916-1963 and has been run continuously since 1964.
- WHEN:** Thursday, November 27, 2025, at 8 a.m.
- WHERE:** Start: Fourth and Fulton Streets
Finish: River Street at Monument Square
- WHO:** Over 7,000 runners and walkers are expected from nearly 40 states, Puerto Rico, Canada, Germany, Iran, Netherlands. Over 10,000 spectators are expected downtown to cheer on their loved ones.
- HIGHLIGHTS:**
- Male/female 10K winners receive the "All-Troy Club Cup." The All-Troy Club staged the first Trot in 1916
 - Male/female 5K winners receive "The Carley Cup" in memory of Bill Carley who first directed the Trot in 1964 and served as its event director for more than 20 years
 - A costume contest with prizes awarded for "Best Thanksgiving Day" and "Most Unique" costumes
 - Open, age group and team awards
 - Pre-Race Day Packet Pickup featuring seminars with prior winners and run coaches.
 - All registrants receive a commemorative t-shirt
 - Medals to all finishers
- SCHEDULE:**
- 8 a.m. — 10K
 - 9:30 a.m. — Grade School Mile
 - 9:35 a.m. — Turkey Walk (1 Mile)
 - 10 a.m. — 5K
- RECORDS:**
- Open 5K (3.1 Miles)**
Men: Kyle Gronostaj, 14:24 (2019)
Women: Christine Bergeron (Merrill), 16:03 (1984)
- Open 10K (6.2 Miles)**
Men: Tom Dalton, 29:43 (1980)
Women: Ivette Mejia, 33:41 (2017)



5K FAMILY

TEAMS:

Thanksgiving is all about family and the Trot is expecting more than 100 teams to take part in its family team competition. Family team categories include: mother/daughter; mother/son; father/daughter; father/son; sister/sister; brother/brother; brother/sister; and, husband/wife. These two member teams are scored based on fastest combined times. The Trot also features "friends/family" and "corporate" teams.

PAST EVENT REGISTRANTS:

2024: 5K: 4477; 10K: 1306; GS Mile: 624; Turkey Walk: 624 — **Total: 7,031**
2023: 5K: 4167; 10K: 1227; GS Mile: 617; Turkey Walk: 630 — **Total: 6,641**
2022: 5K: 3620; 10K: 1168; GS Mile: 542; Turkey Walk: 555 — **Total: 5,885**
2021: 5K: 3163; 10K: 1102; GS Mile: 422; Turkey Walk: 415 — **Total: 5,102**
2020 (Virtual): 5K: 1791; 10K: 569; GS Mile: 102; Turkey Walk: 170 — **Total: 2,632**
2019: 5K: 3934; 10K: 1636; GS Mile: 435; Turkey Walk: 400 — **Total: 6,405**
2018: 5K: 4034; 10K: 1563; GS Mile: 397; Turkey Walk: 431 — **Total: 6,425**
2017: 5K: 4613; 10K: 1,703; GS Mile: 453; Turkey Walk: 426 — **Total: 7,195**

AWARDS:

Age group awards will be presented for both the 10K and 5K races, with team awards given in the 5K. Every finisher will receive a commemorative medal to celebrate their accomplishment.

PARKING:

Free parking is available throughout the city, with maps posted at troyny.gov/202/Municipal-Lots-Garages

CHARITIES:

Funds raised during online registration will benefit the Troy Turkey Trot's two primary charities, the Regional Food Bank and Joseph's House and Shelter, Inc., a Troy-based not-for-profit whose mission is to prevent and alleviate homelessness. With the public's support, the event hopes to raise \$20,000 in 2025.

RESULTS:

Live results will be available at TroyTurkeyTrot.com.

FINISHER

CERTIFICATES: A personalized finisher's certificate will be available at TroyTurkeyTrot.com/results

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