



FACT SHEET

WHAT: Now in its 75th running, the Troy Turkey Trot is the nation's 12th and world's 64th oldest road race. The event features the region's only Thanksgiving Day 10K, a 5K, a Grade School Mile and Turkey Walk.

The Trot began in 1916 as a way to support returning American service veterans. The annual Thanksgiving Day race was held 16 times between 1916-1963 and has been run continuously since 1964.

WHEN: Thursday, Nov. 24, 2022 at 8 a.m.

WHERE: Start: Fourth and Fulton Streets Finish: River Street at Monument Square

WHO: As many as 6,000 recreational runners/walkers from 31 states, two Canadian provinces and three countries (UK, Germany and Turkey) to the Collar City.

HIGHLIGHTS:

- Male/female 10K winners receive the "All Troy Club Cup." The All Troy Club staged the first Trot in 1916
- Male/female 5K winners receive The Carley Cup in memory of Bill Carley who first directed the Trot in 1964 and served as its event director for more than 20 years
- A costume contest for 5K participants with prizes awarded for "Best Thanksgiving Day" and "Most Unique" costumes
- 240 open, age group and team awards
- 5K colored start sections to ensure a safe start and controlled flow of runners
- All registrants receive a dry-fit commemorative edition t-shirt
- Medals for all finishers

SCHEDULE:

- 8 a.m. — 10K
- 9:30 a.m. — Grade School Mile
- 9:35 a.m. — Turkey Walk (1 Mile)
- 10 a.m. — 5K

RECORDS:

Open 5K (3.1 Miles)
Men: Kyle Gronostaj, 14:24 (2019)
Women: Christine Bergeron (Merrill), 16:03 (1984)

Open 10K (6.2 Miles)
Men: Tom Dalton, 29:43 (1980)
Women: Ivette Mejia, 33:41 (2017)

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5K FAMILY

TEAMS:

Thanksgiving is all about family and the Trot is expecting more than 200 teams to take part in its family team competition. Family team categories include: mother/daughter; mother/son; father/daughter; father/son; sister/sister; brother/brother; brother/sister; and, husband/wife. These two member teams are scored based on fastest combined times. The Trot also features "friends/family" and "corporate" teams.

PAST EVENT REGISTRANTS:

2021: 5K 3163; 10K 1,102; Grade School Mile 422; Turkey Walk 415 **Total: 5,102**
2020 (Virtual): 5K 1,791; 10K 569; Grade School Mile 102; Turkey Walk 170 **Total: 2,632**

2019: 5K 3934; 10K 1,636; Grade School Mile 435; Turkey Walk 400 **Total: 6,405**

2018: 5K, 4034; 10K, 1,563; Grade School Mile, 397; Turkey Walk, 431 **Total: 6,425**

2017: 5K, 4613; 10K, 1,703; Grade School Mile, 453; Turkey Walk, 426 **Total: 7,195**

AWARDS:

240 awards will be given to the top three men and women in all open, age group and team categories in the 10K and 5K races.

PARKING:

Free event parking is available at a number of Front and River Street parking lots. A comprehensive map of Troy parking lots can be found at troyny.gov/municipal-lots-garages

CHARITIES:

Funds raised during online registration will benefit the Troy Turkey Trot's two primary charities, the Regional Food Bank of NENY and Joseph's House and Shelter, Inc., a Troy-based not-for-profit whose mission is to prevent and alleviate homelessness. The event hopes to raise \$20,000+. Pioneer Bank Foundation will match participant donations up to \$2,500.

RESULTS:

Unofficial results will be available within minutes upon finishing at troyturkeytrot.com via ChronoTrack Live.

FINISHER

CERTIFICATES: A personalized finisher's certificate will be available online at TroyTurkeyTrot.com/results by 3 p.m.

CONTACTS:

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