



FACT SHEET

- WHAT:** Now in its 105th year (74th running), the Troy Turkey Trot is the nation's 12th and world's 64th oldest road race. The event features the region's only Thanksgiving Day 10K, a 5K, a Grade School Mile and Turkey Walk.
- The Trot began in 1916 as a way to support returning World War 1 veterans. The annual Thanksgiving Day race has been held 16 times between 1916-1963 and continuously since 1964.
- WHEN:** Thursday, Nov. 25, 2021 at 8 a.m.
- WHERE:** Start: Fourth and Fulton Streets Finish: River Street at Monument Square
- WHO:** As many as 6,000 recreational runners/walkers from 28 states and two countries
- HIGHLIGHTS:**
- Male/female 10K winners receive the "All Troy Club Cup." The All Troy Club staged the first Trot in 1916
 - Male/female 5K winners receive The Carley Cup in memory of Bill Carley who first directed the Trot in 1964 and served as its event director for more than 20 years
 - A costume contest for 5K participants with prizes awarded for "Best Thanksgiving Day" and "Most Unique" costumes
 - 240 open, age group and team awards
 - 5K colored start sections to ensure a safe start and controlled flow of runners
 - All registrants receive a dry-fit commemorative edition t-shirt
 - Medals for all finishers
- SCHEDULE:**
- 8 a.m. — 10K
 - 9:30 a.m. — Grade School Mile
 - 9:35 a.m. — Turkey Walk (1 Mile)
 - 10 a.m. — 5K
- RECORDS:**
- Open 5K (3.1 Miles)**
Men: Kyle Gronostaj, 14:24 (2019)
Women: Christine Bergeron (Merrill), 16:03 (1984)
- Open 10K (6.2 Miles)**
Men: Tom Dalton, 29:43 (1980)
Women: Ivette Mejia, 33:41 (2017)

PO Box 1291, Troy, NY 12181 | TroyTurkeyTrot.com | info@troyturkeytrot.com

518.331.5675 or 518.365.4760 or 518.221.3051



5K FAMILY

TEAMS:

Thanksgiving is all about family and the Trot is expecting more than 200 teams to take part in its family team competition. Family team categories include: mother/daughter; mother/son; father/daughter; father/son; sister/sister; brother/brother; brother/sister; and, husband/wife.

PAST EVENT REGISTRANTS:

2020 (Virtual): 5K 1,791; 10K 569; Grade School Mile 102; Turkey Walk 170 **Total: 2,632**

2019: 5K 3934; 10K 1,636; Grade School Mile 435; Turkey Walk 400 **Total: 6,405**

2018: 5K, 4034; 10K, 1,563; Grade School Mile, 397; Turkey Walk, 431 **Total: 6,425**

2017: 5K, 4613; 10K, 1,703; Grade School Mile, 453; Turkey Walk, 426 **Total: 7,195**

2016: 5K, 4720; 10K, 1,642; Grade School Mile, 500; Turkey Walk, 370 **Total: 7,232**

AWARDS:

240 awards will be given to the top three men and women in all open, age group and team categories in the 10K and 5K races.

PARKING:

Free event parking is available at a number of Front and River Street parking lots. A comprehensive map of Troy parking lots can be found at troyny.gov/municipal-lots-garages

CHARITIES:

Funds raised during online registration will benefit the Troy Turkey Trot's two primary charities, the Regional Food Bank of NENY and Joseph's House and Shelter, Inc., a Troy-based not-for-profit whose mission is to prevent and alleviate homelessness. The event hopes to raise \$20,000. Pioneer Bank Foundation will match participant donations up to \$2,500.

All participants are also encouraged to bring a non-perishable food item to donate to local food pantries. These items can be dropped off at drive through packet pick up Saturday, Nov. 20, Sunday, Nov. 21 and Wednesday, Nov. 24 from 10 a.m. to 5 p.m. at the Italian Community Center, 1450 5th Ave, Troy, N.Y. 12180 and in-person packet pickup at the Troy Atrium on Thanksgiving morning.

RESULTS:

Unofficial results will be available within minutes upon finishing at troyturkeytrot.com via ChronoTrack Live.

FINISHER

CERTIFICATES: A personalized finisher's certificate will be available online at TroyTurkeyTrot.com/results by 3 p.m.

CONTACTS:

-Edward Parham, VP of PR, Rueckert Advertising and PR, (518) 596-0239 (cell)
-George Regan, Event Director, (518) 221-3051 (cell)
-Patrick Lynskey, Race Director, (518) 331-5675 (cell)
-John Salka, Communications Director, City of Troy, (518) 279-7131 (work)
-Bob Barnes, Volunteer Director, (518) 365-4760 (cell)

PO Box 1291, Troy, NY 12181 | TroyTurkeyTrot.com | info@troyturkeytrot.com

518.331.5675 or 518.365.4760 or 518.221.3051